

## St John's Green School - Dinner Menu Foundation & KS1 (Year EYFS, 1 & 2)

Please see below the new Universal Free School Meal menu which will run for the next six weeks.

Please ensure that menus are NAMED and returned promptly to the school office to enable your child to get their exact meal choice.

Name \_\_\_\_\_ Class \_\_\_\_\_

<b>Week Commencing</b>	<b>Non Pupil Day</b>	 Chicken Nuggets In a Tortilla Wrap Savoury Rice Fresh Salad & Garlic Mayo Fruit Smoothie or Fresh Fruit	Pork Sausage & Mash Gravy Baked Beans Peas Fresh Fruit Platter	Spaghetti Bolognese Garlic Bread Wedge Mixed Vegetables Oat Cookie or Fruit	 Fish Fingers Chips Peas Baked Beans Iced Chocolate Cake or Fresh Fruit
<b>3rd Sept - 6th Sept</b>		Falafel in a Tortilla Wrap Ploughmans Jacket Potato & Filling	Veggie Sausages & Mash Ploughmans Jacket Potato with Cheese/Beans	Veggie Bolognese Ploughmans Jacket Potato & Filling	Quorn Fishless Fingers Ploughmans Jacket Potato with Cheese/Beans
<b>Week Commencing</b>	<b>MEAT FREE MONDAY</b>	 Pepperoni Pizza Jacket Wedges Sweetcorn Flapjack or Fruit	Roast Beef & Gravy Yorkshire Pudding Roast Potatoes Carrots or Broccoli Fresh Fruit Platter	 Chicken Nuggets in a Tortilla Wrap Savoury Rice Peas Frozen Yoghurt Pot or Fruit	 Fish & Chips Baked Beans Peas Iced Sprinkle Cake or Fresh Fruit
<b>9th Sept - 13th Sept</b>		Salad Fresh Fruit Platter Tomato Soup & Cheese Toastie Ploughmans Jacket Potato with Cheese/Beans	Cheese & Tomato Pizza Ploughmans Jacket Potato & Filling	Veggie Burger Ploughmans Jacket Potato with Cheese/Beans	Veggie Nuggets in a Wrap & Rice Ploughmans Jacket Potato & Filling
<b>Week Commencing</b>	<b>MEAT FREE MONDAY</b>	 Cheese & Tomato Pizza Jacket Wedges Sweetcorn Fresh Fruit Platter	Chicken Tikka Masala Fluffy Rice Naan Bread Peas Flapjack or Fruit	Sausage Roll Mashed Potatoes Gravy Mixed Vegetables Fresh Fruit Platter	Beef Lasagne Fresh Bread Wedge Fresh Salad Fruity Lolly or Fruit Apple & Blackberry Cake or Fresh Fruit
<b>16th Sept - 20th Sept</b>		Cheese & Pepper Pizza Ploughmans Jacket Potato with Cheese/Beans	Falafel Wrap with Salad Ploughmans Jacket Potato & Filling	Vegan Sausage Roll Ploughmans Jacket Potato with Cheese/Beans	Quorn Dippers Ploughmans Jacket Potato with Cheese/Beans

Fresh Fruit, Yoghurt, and Water available daily.

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Name \_\_\_\_\_

Class \_\_\_\_\_

	<b><u>MEAT FREE MONDAY</u></b>				
<b>Week</b>	Cheese & Tomato Pizza	Chicken Nuggets In a Tortilla Wrap	Roast Beef & Gravy Yorkshire Pudding	Sausage Pasta Bake Fresh Bread Wedge	Fish Fingers Chips
<b>Commencing</b>	 Jacket Wedges Sweetcorn	 Savoury Rice Fresh Salad	Roasted Potatoes Carrots or Broccoli	Green Beans	 Baked Beans Peas
<b>23rd Sept -</b>	Fresh Fruit Platter	Fruity Lolly or Fruit	Fresh Fruit Platter	Vanilla Shortbread or Fruit	Iced Chocolate Cake or Fruit
<b>27th Sept</b>	Cheese & Pepper Pizza	Veggie Nugget Wrap	Veggie Burger & Mash	Tomato Pasta Bake	Quorn Dippers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
<b>Week</b>	<b><u>OPEN EVENING FAVOURITE</u></b>	Spaghetti Bolognese	Roast Chicken/Stuffing & Gravy	Pepperoni Pizza	Fish & Chips
<b>Commencing</b>	Chinese No Duck Wrap Fluffy Rice	Garlic Bread Wedge Mixed Vegetables	Roasted Potatoes Carrots	 Jacket Wedges Sweetcorn	 Baked Beans Peas
<b>30th Oct -</b>	Fresh Salad		Broccoli		
<b>4th Oct</b>	Fresh Fruit Platter	Oat Cookie or Fruit	Fresh Fruit Platter	Frozen Yoghurt Pot or Fruit	Lemon Drizzle Cake or Fruit
	Vegetable Fajita	Veggie Bolognese	Quorn Fillet, Stuffing & Gravy	Cheese & Tomato Pizza	Veg Nuggets
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
<b>Week</b>	<b><u>MEAT FREE MONDAY</u></b>	Sticky Chicken	Sausage Roll	Hot & Steamy Pasta	Fish Fingers
<b>Commencing</b>	Tomato Soup With a Cheese Toastie	Savoury Rice Peas & Sweetcorn Medley	Mashed Potatoes Gravy	Pepperoni in a Rich Tomato Sauce Garlic Bread Wedge	 Chips Baked Beans
	Fresh Salad		Mixed Vegetables	Green Beans	Peas
<b>7th Oct -</b>	Fresh Fruit Platter	Fruit Smoothie or Fruit	Fresh Fruit Platter	Ginger Biscuit or Fruit	Iced Sprinkle Cake or Fruit
<b>11th Oct</b>	Tuna & Sweetcorn Pasta with Salad	Sticky Quorn Vegan Fillet	Vegan Sausage Roll	Tomato & Basil Pasta	Quorn Fishless Fingers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans

Fresh Fruit, Yoghurt, and Water available daily.