

St John's Green School - Dinner Menu Foundation & KS1 (Year EYFS, 1 & 2)

Please see below the new Universal Free School Meal menu which will run for the next six weeks.

Please ensure that menus are NAMED and returned promptly to the school office to enable your child to get their exact meal choice.

Name _____

Class _____

	<u>MEAT FREE MONDAY</u>				
Week	Cheese & Tomato Pizza	 Chicken Nuggets In a Tortilla Wrap	Pork Sausage & Mash Gravy	Spaghetti Bolognese Garlic Bread Wedge	 Fish Fingers Chips
Commencing	 Jacket Wedges Sweetcorn	 Savoury Rice Fresh Salad & Garlic Mayo	Baked Beans Peas	Mixed Vegetables	 Peas Baked Beans
27th Jan -	Fresh Fruit Platter	Apple Flapjack or Fruit	Fresh Fruit Platter	Oat Cookie or Fruit	Iced Chocolate Cake or Fresh Fruit
31st Jan	Cheese & Pepper Pizza	Falafel in a Tortilla Wrap	Veggie Sausages & Mash	Veggie Bolognese	Quorn Fishless Fingers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week	<u>MEAT FREE MONDAY</u>				
Commencing	Macaroni Cheese	 Pepperoni Pizza Jacket Wedges	Roast Chicken, Stuffing & Gravy Roasted Potatoes	Beef Lasagne Fresh Bread Wedge	 Fish & Chips Baked Beans
3rd Feb -	Fresh Bread Wedge Fresh Salad	 Sweetcorn	Carrots Broccoli	Green Beans	 Peas
7th Feb	Fresh Fruit Platter	Chocolate & Cherry Cake or Fruit	Fresh Fruit Platter	Sultana Flapjack or Fruit	Lemon Drizzle Cake or Fresh Fruit
	Fusilli with Tomato and Basil Sauce	Cheese & Tomato Pizza	Quorn Fillet, Stuffing & Gravy	Veggie Lasagne & Fresh Bread Wedge	Veg Nuggets
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week	<u>MEAT FREE MONDAY</u>				
Commencing	Cheese & Tomato Pizza	Tandoori Chicken Fillet Fluffy Rice	Sausage Roll Mashed Potatoes	Spaghetti Bolognese Fresh Bread Wedge	 Fish Fingers Chips
10th Feb -	 Jacket Wedges Sweetcorn	Riata Dip Fresh Salad	Gravy Mixed Vegetables	Mixed Vegetables	 Baked Beans Peas
14th Feb	Fresh Fruit Platter	Chocolate Brownie or Fruit	Fresh Fruit Platter	Oaty Cookie or Fruit	Iced Sprinkle Cake or Fresh Fruit
	Cheese & Pepper Pizza	Falafel Wrap with Salad	Vegan Sausage Roll	Macaroni Cheese	Quorn Dippers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans

Fresh Fruit, Yoghurt, and Water available daily.

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	<u>MEAT FREE MONDAY</u>				
Week	Cheese & Tomato Pizza	Chicken Nuggets In a Tortilla Wrap	Roast Beef & Gravy Yorkshire Pudding	Chicken Pasta Bake Fresh Bread Wedge	Fish Fingers Chips
Commencing	 Jacket Wedges	 Savoury Rice	Roasted Potatoes	Green Beans	 Baked Beans
	Sweetcorn	Fresh Salad	Carrots or Broccoli		Peas
24th Feb -	Fresh Fruit Platter	Iced Apple Sponge or Fruit	Fresh Fruit Platter	Vanilla Shortbread or Fruit	Iced Chocolate Cake or Fruit
28th Feb	Cheese & Pepper Pizza	Veggie Nugget Wrap	Veggie Burger	Macaroni Cheese	Quorn Dippers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week	<u>MEAT FREE MONDAY</u>	<u>Pancake Day Shrove Tuesday</u>	Roast Chicken, Stuffing & Gravy	Pepperoni Pizza	Fish & Chips
Commencing	Tuna & Sweetcorn Pasta	Chicken Tikka Masala	Roasted Potatoes	 Jacket Wedges	 Baked Beans
	Fresh Salad	Fluffy Rice	Carrots	Sweetcorn	Peas
3rd Mar -		Peas	Broccoli		
7th Mar	Fresh Fruit Platter	Pancake and Fudge Sauce or Fruit	Fresh Fruit Platter	Sticky Orange Cake or Fruit	Lemon Drizzle Cake or Fruit
	Tomato Soup & Cheese Toastie	Falafel in a Wrap & Rice	Quorn Fillet, Stuffing & Gravy	Cheese & Tomato Pizza	Veg Nuggets
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week	<u>MEAT FREE MONDAY</u>	Sticky Chicken	Sausage Roll	Hot & Steamy Pasta	Fish Fingers
Commencing	Cheese & Tomato Pizza	Savoury Rice	Mashed Potatoes	Pepperoni in a Rich Tomato Sauce	 Chips
	 Jacket Wedges	Peas & Sweetcorn Medley	Gravy	Garlic Bread Wedge	Baked Beans
	Fresh Salad		Mixed Vegetables	Green Beans	Peas
10th Mar -	Fresh Fruit Platter	Chocolate Brownie or Fruit	Fresh Fruit Platter	Ginger Biscuit or Fruit	Iced Sprinkle Cake or Fruit
14th Mar	Cheese & Pepper Pizza	No Duck Wrap with Rice	Vegan Sausage Roll	Tomato & Basil Pasta	Quorn Fishless Fingers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans

Fresh Fruit, Yoghurt, and Water available daily.